

CURRICULUM VITAE

JAMES R. PHELPS, M.D.

jp@Co-Psych.com ; www.Co-Psych.com

jimp@PsychEducation.org ; www.PsychEducation.org

Samaritan Professional Building; 3517 NW Samaritan Dr.; Corvallis, OR 97330

541 829 9319

fax: 541 768 6560

EDUCATION

Stanford University	B.A., Human Biology	1976
Case Western Reserve Univ.	M.D.	1986

TRAINING/PRACTICE/PROGRAMS

Internship, Internal Medicine	Univ. of Nevada, Dep't of Internal Medicine	1986-87
General Practice, Urgent Care	Bernalillo Cty Med Cntr Albuquerque, NM	1988
Residency, Psychiatry	Univ. of New Mexico	1988-91
Fellowship, Health of the Public Program (Community & Preventive Medicine; Medical Education)	Univ. of New Mexico	1991-92
Assistant Professor, Psychiatry	Univ. of New Mexico	1992-94
General Psychiatry Practice	Good Samaritan Hospital	1994-2003
Ethics Committee/IRB Chairman	Good Samaritan Hospital Corvallis, OR	1995-2003 1999-2003
Author, Webmaster	PsychEducation.org	2001-
Medical Director	Corvallis Psych' Clinic	2003-
Volunteer Psychiatrist	Community Outreach Free Medical Clinic	2003-

LICENSURE/CREDENTIALS

New Mexico License, 1988-1994

Oregon License, 1994-

Board Certified in Psychiatry, 1993

AWARDS

Mead-Johnson Fellowship for Academic Psychiatry, 1992

Outstanding Tutorial Group Leader, Primary Care Curriculum, 1992

Clinical Teaching Award, Department of Psychiatry, 1992

Teacher of the Year Award, Department of Psychiatry, 1994

Teacher of the Year Award, Department of Family Medicine, 1994

Honorable Mention, Moffic Award for Ethical Practice in Community Psychiatry, 2005

PUBLICATIONS

Phelps JR, Angst J, Katzow J, Sadler J. Validity and Utility of the Bipolar Spectrum Model. *Bipolar Disorders*, 2006; in preparation.

Phelps J. *Why Am I Still Depressed?: Recognizing and Managing the Ups and Downs of Bipolar II and Soft Bipolar Disorders*. McGraw Hill, 2006.

Phelps JR and Ghaemi SN. Improving the Diagnosis of Bipolar Disorder: Predictive Value of Screening Tests. *Journal of Affective Disorders*, March 2006, in press.

Phelps JR. Agitated Dysphoria After Late-Onset Loss of Response to Antidepressants: A case report. *Journal of Affective Disorders*. 2005 Jun;86(2-3):277-80.

PsychEducation.org: launched 2001, updated regularly.

BipolarWorld.net: archived answers to patient/family questions, from 2001-present

Phelps JR. Facilitating Treatment Adherence, in Rubin R. et al, eds, *Primary Care Medicine*, Saunders Press, NY, NY; 1996.

Phelps JR. A Brief History of Psychotherapy in Graphic Display. *Academic Psychiatry*, 1996; 20: 99-100/charts.

Phelps JR, Seeger S, and Becker T. A Four-Specialty Collaborative Practice Model. *Academic Medicine* 69: 23-24, 1994

Phelps, James R. Exercise and Health Maintenance: Exactly What is Known? *Western Journal of Medicine* 1987 Feb; 146: 200-206.

Hendren RL and Phelps JR. "Communication and Interviewing", in Weiner J et al, eds, *NMS Behavioral Sciences in Psychiatry*; Harwal Publishing, Malvern, PA, 1996

Merians DR, Haskell WL, Vranizan KM, Phelps J, Woods PD, Superko R. Relationship of exercise, oral contraceptive use, and body fat to concentrations of plasma lipids and lipoprotein cholesterol in young women. *American Journal of Medicine* 1985 Jun;78(6 Pt 1):913-9.

CLINICAL EXPERIENCE

University of New Mexico (Assistant Professor, 1992-94)

Psychiatric Emergency Services (UNM Medical Center)

Special Problems Clinic Supervisor (Psychiatry)

MultiDisciplinary Clinic (Psychiatry and Family Medicine)

Family Practice Clinic (Family Medicine)

Good Samaritan Hospital

Inpatient Adult: ½ time 1994-2002

Outpatient Adult: ½ time 1994-2003

Primary Care Liason: 2001-2003

Director, Corvallis Psychiatric Clinic

General Adult Outpatient Services 2003- present

Primary Care Liason Psychiatry 2003- present

MEMBERSHIPS/COMMITTEES

International Society for Bipolar Disorder

- *Committee on Diagnosis*

Bipolar Spectrum Sub-Group Leader

- *Committee on Physician-Patient Outreach*

International Society for Affective Disorders

PRESENTATIONS (details on request; most common below)

A. Bipolar Disorder

Phenomenology; Differential Diagnosis, Axes I-III; Treatment;

Primary Care Diagnosis and Treatment. E.g.:

“Me, Bipolar?” (“Her, *Bipolar?*”) Psychoeducation for Bipolar II. Presented at the *Fifth International Bipolar Conference*, Sydney, Australia, 2004

Using the Internet to Educate Patients and 1^o Doctors about Bipolar II. Poster presented at the *Fourth International Bipolar Conference*, Pittsburgh, PA, 2003

B. Primary Care Mental Health:

- In-office discussion or slide-based presentations

- Based on material from the *Primary Care Providers' Resource Center*:

www.PsychEducation.org